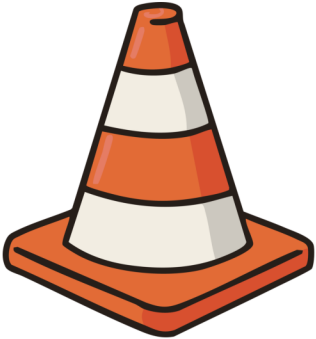


Tension Building
Arguments happen often. Victim stress builds.

Incident
Physical, sexual, emotional or psychological abuse occurs



Honeymoon/Calm
Things seem peaceful. Abuser is kind and loving. Victim feels hopeful

Reconciliation
The abuser apologises or makes excuses. Gaslighting is common.